



GUIDELINES FOR CAMPING

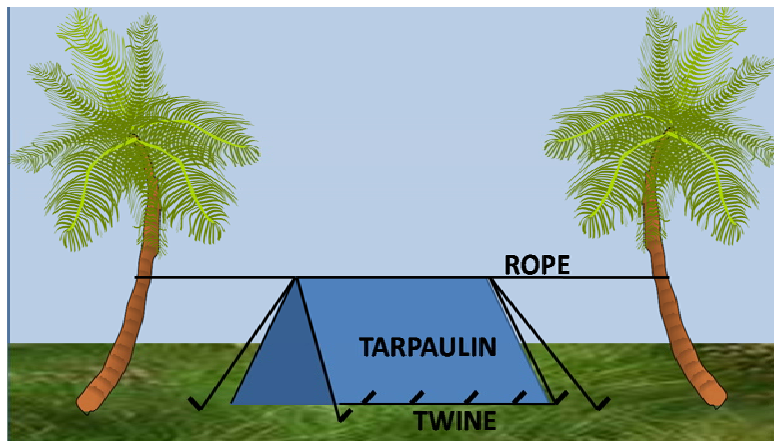
TEMPORARY TOILET FACILITY

- 20 lbs white lime
- Boxing frame for toilet
- 5 pcs 17" X 17" ply wood
- Toilet Seat
- 16' plastic (dark colour) for blocking around toilet
- Size of hole - 2' X 2' X 4'



TEMPORARY SHELTER FOR THOSE WHO DON'T HAVE CAMPING TENTS

- Tarpaulin or plastic (20' X 10')
- Length of rope (25')
- Ball of twine



CAMPING GEARS

- Camping tents
- Torchlight & lighter
- One litre kerosene & coals
- Cutlass, knife
- Cocoyea broom
- Saucepan
- Garbage bags
- Exercise mat, sleeping bag or sponge for sleeping. Adventurous folk can bring 5 crocus bags to make makeshift mattresses.
- Hammock (optional)

FOOD

- Water
- Canned food
- Crackers (Crix)
- Dried foodstuff

PERSONAL EFFECTS

- Any prescribed medication
- Insect repellent (scentless)
- Personal first aid kit
- Change of clothing

All information is available on the website at <http://www.hikeseekers.com>